

1: AM I AN INTIMATE PERSON, DO I PRACTICE A RHYTHM OF BREATHING IN?

How often do I take the opportunity to be an intimate prayerful person, who touches the Father's heart and experiences the transforming power of his presence?

2: AM I AN INVOLVED PERSON, DO I PRACTICE A RHYTHM OF BREATHING OUT?

Am I prayerfully taking the Father's heart to the world and introducing others to Jesus? In what creative and interactive ways am I engaging with the community around me?

We need to be a people who do both, it would be completely wrong to say "I PRAY, OTHERS REACH OUT" or "I REACH OUT, OTHERS PRAY" a Christian's life needs both intimacy and involvement.

READ MATTHEW 22: 37 -40

We are called to do both, love the Lord your God with all your heart and Love your neighbours as yourself. The Christian organisation YWAM sums it up beautifully in their mission statement "TO KNOW GOD AND MAKE GOD KNOWN".

READ ALOUD EXODUS 16: 42 - 50. How does this story impact you?

Aaron took the fire and "STOOD BETWEEN THE LIVING AND THE DEAD".

We must be a people who get fire from the presence of God and then stand in the middle of a dying world and bring life. We are called to stand between the living and the dead but we can only do this if we have got the fire from His presence. Aaron carried something that he had got from the presence of God into the middle of a very dark and desperate situation and the plague stopped. One man ran into the presence and then ran into the dying world around him and made a difference. The fact that he ran suggests urgency, lives depended on his speed.

As a group how do you grow in greater connectedness to God and greater impact on the world that needs his love?

REFLECT

Why not meditate on this for 5 minutes, sitting quietly and concentrating on your breathing, breath in and out (If you don't you'll die!) and allow God to show you how to move more deeply into a lifestyle of prayer and mission.

PRAY

Lord we ask that you would come to us, that we would breath you in, that in the place of prayer our hearts would be come aligned with your heart and that your spirit would fill and empower us. Father we pray that as we find your heart for this world and we are filled and empowered by your Spirit that you would help us as we seek to breath you out to all who need you. **For the sake of your kingdom. Amen**